Psychology...NOW WHAT?

About The Field of Psychology
Widely speaking, the field of psychology is defined by a calling to help people, using knowledge of how the health of human brains and social interactions influence our emotional sense of well-being, our self-identity, and our behavior.

Psychology students focusing on neuroscience and earning the Bachelor of Science (B.S.) in psychology often find work in the research field, advancing our knowledge of how humans really are. They often start as research coordinators, doing the work of finding and qualifying human subjects, administering surveys or cognitive tests, and managing the paperwork that goes along with a professional research project. Those who wish to themselves propose and run research projects of their own will need to attend graduate school.

Most professional counseling positions, including psychiatrist, psychologist, and licensed social worker require additional specialized education beyond a bachelor's degree. However, there are a wide range of other occupations and fields that seek out insightful people with a psychology bachelor of arts (B.A.) or bachelor of science (B.S.) degree, including social services, public affairs, administrative support, education, business, sales, allied health, software design, and human resources.

<table>
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<th>Quick Facts: Psychologists</th>
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<tr>
<td><strong>2020 Median Pay</strong></td>
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<tr>
<td><strong>Entry-Level Education</strong></td>
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<tr>
<td><strong>Work Experience in a Related Occupation</strong></td>
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<td><strong>On-the-job Training</strong></td>
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<td><strong>Number of Jobs, 2019</strong></td>
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<td><strong>Job Outlook, 2019-29</strong></td>
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<td><strong>Employment Change, 2019-29</strong></td>
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What Can You Do with a Bachelor’s Degree in Psychology?
Here’s a quick sample of varied jobs that psychology undergrads might find:

- Community Relations Officer: works either for business or government in promoting good relations with the local community.
- Affirmative Action Officer: works for recruitment and equal opportunities for minorities; employed by business, industries, schools and government.
- Management Trainee: plans and supervises operations of a business concern.
- Urban Planning Officer: deals with city planning, renewal.
- Personnel Administrator: works with employee relations, selection, promotions, etc.
- Advertising Copywriter: researches audience and media, writes text of advertisements.
- Media Buyer: researches products and audiences to select most effective media for advertising.
- Health Educator: gives public information about health and disease.
- Psychological Technician: administers routine tests, helps with patients under supervision of a psychologist.
- Director of Volunteer Service: recruits, supervises, trains and evaluates volunteers.
- Public Statistician: collects and interprets data on health and disease and community relations.
- Customs Inspector: serves at international borders and airports in investigations and inquiries.
- Probation/Parole Officer: persons with psychology backgrounds are often preferred for such positions, especially with adolescent parolees.
- Technical Writer: researches and writes material dealing with social science for magazines, newspapers, and journals.
- Sales Representative: major publishers of psychological books often seek out undergraduates with psychology majors for these positions on college campuses.
- Opinion Survey Researcher: does opinion polls and interprets results.
- Daycare Center Supervisor: supervises and coordinates activities of preschool children with working parents.
- Research Assistant: assists in the collection and analysis of data for major investigations. Positions usually available only in large hospitals, businesses, and government.
- Laboratory Assistant: psychology background preferred for students working with animal behavior research, especially primate laboratories.
- Scientific Instrument Salesperson: opportunities in sales and development for companies specializing in psychology apparatus.

Here are some more occupations in some of the broad field categories that seek psychology undergrads:

<table>
<thead>
<tr>
<th>Human Services</th>
<th>Education</th>
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<tbody>
<tr>
<td>Direct Care</td>
<td>Teaching</td>
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<tr>
<td>Counseling</td>
<td>Adult Learning/Community Instruction, e.g. GED</td>
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<tr>
<td>Art Therapy</td>
<td>classes, life skills, parenting, etc.</td>
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<tr>
<td>Music Therapy</td>
<td>Information/Library Science</td>
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<tr>
<td>Case Management</td>
<td>Higher Education Administration and Student</td>
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<tr>
<td>Mental Health Services</td>
<td>Support Services including:</td>
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<tr>
<td>Physical Health and Wellness</td>
<td>Admissions</td>
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<tr>
<td>Crisis Work</td>
<td>Financial Aid</td>
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<tr>
<td>Rehabilitation Services</td>
<td>Academic Advising</td>
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<tr>
<td>Performance Enhancement</td>
<td>Development</td>
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<tr>
<td>Testing/Assessment</td>
<td>Alumni Affairs</td>
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<tr>
<td>Law Enforcement</td>
<td>International Education and Study Abroad</td>
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<td></td>
<td>Career Services</td>
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<td>Residence Life</td>
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<td>Student Activities and Greek Life</td>
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<td>Orientation</td>
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<td>Leadership</td>
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<td>Multicultural Affairs</td>
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<td>Recreational Sports</td>
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<tr>
<td>Occupational</td>
<td>International</td>
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<tr>
<td>Counseling</td>
<td>Peace Corp Volunteer/Staffer</td>
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<tr>
<td>Education</td>
<td>Analyst, CIA</td>
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<tr>
<td>Wellness Promotion</td>
<td>International Research Specialist</td>
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<tr>
<td>Organizational Development</td>
<td>Foreign Service Officer</td>
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<tr>
<td>Assessment</td>
<td>Agent, International Bureau, FBI</td>
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<tr>
<td>Human Resources</td>
<td>Consultant to Multinational Corporations</td>
</tr>
<tr>
<td>Healthcare</td>
<td>International Correspondent</td>
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<tr>
<td>Case Management</td>
<td>International Nonprofit positions (various)</td>
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<tr>
<td>Counseling</td>
<td>United Nations positions</td>
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<tr>
<td>Prevention and Education</td>
<td>Civil Military consultant</td>
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<tr>
<th>Program Development</th>
<th>WorldTeach, JET, or other field experience</th>
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<tr>
<td>Administration</td>
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<tr>
<td>Research</td>
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<tr>
<td>Child Life Specialists</td>
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<tr>
<td>Hospice Care</td>
<td></td>
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<tr>
<td>Rehabilitation</td>
<td></td>
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<tr>
<td>Wellness Promotion</td>
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<tr>
<th><strong>Career Counseling and Human Resources</strong></th>
<th><strong>Business and Industry</strong></th>
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<tbody>
<tr>
<td>Individual and/or Group Counseling</td>
<td>Sales</td>
</tr>
<tr>
<td>Assessment</td>
<td>Customer Service</td>
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<tr>
<td>Career Planning</td>
<td>Public Relations</td>
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<tr>
<td>Job Searching</td>
<td>Marketing</td>
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<tr>
<td>Employee Evaluation</td>
<td>Advertising</td>
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<tr>
<td>Program Development</td>
<td>Product Design</td>
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<tr>
<td>Outplacement</td>
<td>Management</td>
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<td>Insurance</td>
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<td>Claims Management</td>
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<td>Underwriting</td>
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<td></td>
<td>Real Estate</td>
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<td></td>
<td>Property Management</td>
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<tr>
<th><strong>Neuroscience</strong></th>
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<tbody>
<tr>
<td>Research</td>
<td></td>
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<tr>
<td>Teaching</td>
<td></td>
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<tr>
<td>Medicine</td>
<td></td>
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<tr>
<td>Life Sciences</td>
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<tr>
<th><strong>Who Could You Work For?</strong></th>
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<tbody>
<tr>
<td>Analysis / Forecasting Firms</td>
<td>Law Enforcement</td>
</tr>
<tr>
<td>Banks / Credit Unions</td>
<td>Education: K-12 or Higher Education</td>
</tr>
<tr>
<td>Economic Research Institutions</td>
<td>Government Agencies (Local, State and federal)</td>
</tr>
<tr>
<td>Environmental Protection Agencies</td>
<td>Multiple Business Sectors</td>
</tr>
<tr>
<td>Insurance Companies</td>
<td>Think Tanks/Research Institutions</td>
</tr>
<tr>
<td>International Trade Companies</td>
<td>Media</td>
</tr>
<tr>
<td>Investment Dealers</td>
<td>Non-Profit Organizations (NGOs) and</td>
</tr>
<tr>
<td>Management Consulting Firms</td>
<td>International Non-Profit Organizations (INGOs)</td>
</tr>
<tr>
<td>Market Research Houses</td>
<td>Hospitals/Medical Centers/Healthcare Industry</td>
</tr>
<tr>
<td>Real Estate Agencies</td>
<td>Consulting Firms</td>
</tr>
<tr>
<td>Statistical Research Firms</td>
<td>Residential treatment facilities</td>
</tr>
<tr>
<td>Hospitals</td>
<td>Outpatient facilities</td>
</tr>
<tr>
<td>Drug and alcohol rehabilitation programs</td>
<td>Employee Assistance Programs(EAP)</td>
</tr>
<tr>
<td>Group homes</td>
<td>Private or group practices</td>
</tr>
<tr>
<td>Community mental health organizations</td>
<td></td>
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</tbody>
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Selection of Employers for recent (2019-2021) UMass Amherst Psychology alumni:

- University of Massachusetts Amherst
- AmeriCorps
- Autism Learning Partners
- Barton Associates
- Bay State Community Services
- Baystate Health System
- Beacon ABA Services
- Beth Israel Deaconess Medical Center
- BlackRock
- Brigham and Women's Hospital - Brigham Research Institute
- Bright Horizons
- Brightview Senior Living
- Broad Institute of MIT and Harvard
- Center for Applied Behavior Analysis (CABA)
- Center for Women and Community
- Clinical & Support Options Inc.
- Massachusetts Department of Correction
- Massachusetts Department of Developmental Services
- Dana-Farber Cancer Institute
- Federal Bureau of Investigation
- Franciscan Children’s
- Massachusetts Office of the Attorney General
- May Institute, Inc.
- Melmark New England
- Memorial Sloan Kettering Cancer Center
- National Ambulance
- Next Generation Children's Center
- Open Sky Community Services
- Ora, Inc.
- Oracle
- RCS Learning Center
- Teach For America
- The New England Center for Children
- TJX Companies
- Tufts Medical Center
- Yale School of Medicine

Top Employers of UMass Psychology Majors after Graduation 2008-2018:

- Massachusetts General Hospital
- Brigham & Women's Hospital
- Boston Children's Hospital
- University of Massachusetts Medical School
- McLean Hospital
- Boston Public Schools
- ServiceNet
- Riverside Community Care
- MEDITECH Medical Information Technology
- Beth Israel Deaconess Medical Center

Some Real Life Internships of UMass Psychology Majors:

- 4-H Center for Youth Development
- Amherst Regional Public Schools
- Bay Cove Human Services
- Berkshire County Jail and House of Corrections
- Boston University Child Cognition Lab
- Criterion Heritage Early Intervention
- Dedham Police Department
- Hampden County District Attorney's Office
- Johns Hopkins School of Medicine
- ServiceNet Inc
- Amherst (Town of)
- Behavioral Health Network
- Berkshire Hills Music Academy
- Birthday Wishes
- Brain Balance Achievement Center
- Brattleboro Retreat
- Common School (Amherst)
- Cutchins Programs for Children/Families
Actual Job Titles Attained With a Bachelor's Degree in Psychology:

- ABA Counselor
- Administrative Case Manager
- Advertising Sales Assistant
- Assistant Buyer
- Behavior Support Assistant
- Care Coordinator
- Case Manager
- Case Worker
- Clinical Research Assistant
- Counselor
- Counselor Advocate
- Customer Service Representative
- Direct Support
- Drug and Alcohol Treatment Specialist
- Educational Treatment Counselor
- Paraeducator (high school)
- Patient Services Coordinator
- Pharmacy Technician
- Play Therapist Region
- Preschool Teacher
- Probation Officer
- Project Coordinator for UG Study in Psyc
- Purchasing Analyst
- Recreation Aide – Kids Peace
- Research Assistant
- Research Program Assistant
- Residential Counselor
- School Base Behavioral Health Worker
- Second Lieutenant – US Air Force
- Employment Specialist
- Field Representative
- Foreign Teacher
- Healthcare Representative
- Intake Coordinator
- Investigator
- IT Recruiter
- Journalist
- Life Skills Trainer
- Mental Health
- Mental Health Counselor
- Milieu Counselor
- Nutrition Counselor
- Officer – US Air Force
- Secret Service
- Service Worker
- Special Education Aide
- Special Education Development Center/Princeton
- Substitute Teacher
- Support Staff/Access Services
- Teacher
- Teaching Assistant
- Therapeutic Staff
- U.S. Army Reserves (Recruiter/Qualifications Officer)
- USMC Officer
- Volunteer/Carpenter - AmeriCorps
- Volunteer - Mercy Volunteer Corps
- Youth Counselor

- Franklin County Housing and Redevelopment Authority
- Full Circle Adoptions
- Henry Gets Moving
- Her Campus
- Lahey Clinic
- May Institute
- Center for Health Promotion (UMass)
- Renaissance School
- Disability Services (UMass)
- WGGB-TV CH 40
- Newman Center (UMass)
- UMass Medical School Cancer Research Lab
- Riverside Industries (RSI)
Career Planning Resources & Websites
UMass Amherst CNS Career Center  cns.umass.edu/careers
UMass Amherst Career Services Calendar  www.umass.edu/careers
FOCUS2 Career and Education Planning  www.umass.edu/careers/planning  for sign-in button
What Can I Do With This Major?  https://www.umass.edu/careers/planning
(Click on “What Can I do with this Major” icon on the right-hand column.)

Career Choices and Career Planning in Psychology
* Psychology Careers by Category  http://careersinpsychology.org/psychology-careers/
50+ Best Jobs for Psych Undergrads  http://careersinpsychology.org/50-best-jobs-psychologists/
* Many Careers for Psych Undergrads  https://www.psychologydegree411.com/careers/
Top Entry-Level Jobs in Psych  https://www.verywell.com/
* O-Net Online  https://www.onetonline.org/find/
State Dept and Foreign Service Careers  http://careers.state.gov/work/foreign-service/officer
Careers with the FBI  https://www.fbijobs.gov/career-paths
Mass Career Info System  http://www.masscis.intocareers.org/
(Login as Mass Resident, Adult, and Amherst 01003)

Finding Internships in Psychology
UMass Handshake Database  https://umass.joinhandshake.com/
* CNS Completed Internships Database  https://secure.cns.umass.edu/webforms/internships
* Psych Dept Research Assistantships  http://www.umass.edu/pbs/RA
* Psych Dept Teaching Assistantships  http://www.umass.edu/pbs/TA
* Psych Dept List of Internships  http://www.umass.edu/pbs/undergraduate/internships
* Psych Dept List of Actual Jobs/Internships  http://www.umass.edu/pbs/ActiveList
Internships and Part-Time Jobs  http://www.careerbuilder.com/
Federal Pathways to Govt Jobs  http://gogovernment.org/government_careers/students
American Psychological Association (APA)  http://www.apa.org/careers/internships/
APA Research Opportunities  http://www.apa.org/education/undergrad
RIT List of Neuroscience Internships  https://people.rit.edu/gtfsbi/Symp/Neuroscience.htm
Amherst College List of Neuroscience Research  https://www.amherst.edu/academiclife/departments
Summer Internship Program at NIH  https://www.training.nih.gov/trainees/summer_interns
Summer Neuroscience Research Experiences  https://www.pathwaystoscience.org/Discipline.aspx
Princeton Neuroscience Summer Internship  https://pni.princeton.edu/summer-programs

Finding Jobs in Psychology
* UMass Handshake  https://umass.joinhandshake.com/
http://www.idealist.org/
* Jobs Helping the World  https://www.wayup.com/s/entry-level-jobs/psychology/
Human Services Jobs  http://www.humanserviceforum.org/jobs/
AmeriCorps and Community Service Undergrads - use Job Function “Other”  http://jobs.psychologyjobs.com
Social Services Jobs  http://www.careerbuilder.com/jobs-social-services
Jobs with the Federal Government  http://www.usajobs.gov/
Human Resources (HR) Jobs  http://jobs.shrm.org/
http://www.hr crossings.com/
https://www.humanresourcesjobs.com/
http://jobs.nahra.com/
https://www.ihirehr.com/
https://hr.associationcareernetwork.com/jobs/
https://careers.worldatwork.org/jobseekers/
International Development Opportunities

Fulbright Opportunities  http://us.fulbrightonline.org/
Volunteer Abroad  https://www.goabroad.com/volunteer-abroad
Intern Abroad  https://www.goabroad.com/intern-abroad
Jobs in Development  https://www.devex.com/jobs
Peace Corps  www.peacecorps.gov

Important Qualities to Include on Your Resume

Analytical skills. Psychologists must examine the information they collect and draw logical conclusions.

Communication skills. Psychologists must have strong communication skills because they spend much of their time listening to and speaking with patients or describing their research.

Integrity. Psychologists must keep patients’ problems in confidence, and patients must be able to trust psychologists’ expertise in treating sensitive problems.

Interpersonal skills. Psychologists study and help individuals, so they must be able to work well with clients, patients, and other professionals.

Observational skills. Psychologists study attitude and behavior. They must understand the possible meanings of facial expressions, body positions, actions, and interactions.

Patience. Psychologists must demonstrate patience, because conducting research or treating patients may take a long time.

Problem-solving skills. Psychologists need problem-solving skills to collect information, design research, evaluate programs, and find treatments or solutions to mental and behavioral problems.

What Do Employers Look For? (NACE 2020 Job Outlook for Students)

Professional Associations - which contain important insider’s knowledge and vocabulary used in the field, as well as some job search links and other important information.

National Institute of Mental Health  www.socialworkers.org  www.psychologicalscience.org