

Getting involved on campus is important for building skills in leadership, team work, cultural competency, and more. Start slowly—join a club or two. As students advance in their academic careers, more and more options (RA, TA, Peer Mentor, Peer Advisor, etc.) will become available. As such, students don't need to do everything in their first year of school, just build a foundation that they can add to as they get comfortable balancing academics with other commitments.

- [Join a club](#) or a [Pre-Health Student Group](#) or a [Health-Related Student Organization](#) - pick something you like, not something you *think* will look good to an admissions committee.
- Participate in [intramural sports](#) or a [club sport](#)
- Become a [Resident Advisor or a Peer Mentor](#)
- Become a Peer Advisor for your major (ask your major advisor) or for Pre-Health (read the [Pre-Health Newsletter](#) for announcements and apply in April)
- Become a Teaching Assistant - talk to your professors
- Get involved in a center on campus:
 - [Center for Multicultural Advancement and Student Success](#) - intern, work, or volunteer. [Sign up](#) for weekly bulletin.
 - [The Stonewall Center](#) (LGBTQIA+) - help with presenting and programming as an [employee, intern, or volunteer](#)
 - [The Center for Health Promotion](#) - become a [Peer Health Educator](#)
 - [Center for Women and Community](#) - [work, volunteer or intern](#) in positions like Rape Crisis Counselor/Advocate, Community Educator, Women of Color Leadership
 - [Men and Masculinities Center](#) - [various opportunities](#) for engagement
 - [Religious and Spiritual Life](#) - become an [Interfaith Community Service](#) Volunteer or join their dialogue
 - [Disability Services](#) - [work or volunteer](#) to proctor exams, be a note taker, be a classroom access assistant
- [Get involved](#) in Residence Life - join [House Council](#) or Student Senate or [Residence Hall Association](#)
- Participate in [Civic Learning on Campus](#)
- Become a tutor, SI, or ExSEL leader in the LRC - check their [website](#) periodically for job postings or call to find out when they will hire for fall 2020
- Help people find research positions by working in the [Office of Undergraduate Research and Studies](#) - check their website periodically for job postings or call to find out when they will hire for fall 2020
- [Get a job](#) on campus that is meaningful to you